European Society

Bellointestinal and Abdominal Radiolog

Structured reports using LI-RADS

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No relevant financial disclosures.



No relevant financial disclosures.

... I am a pediatric radiologist



Outline

Rationale of using LI-RADS

Typical HCC findings LI-RADS definitions LI-RADS categorization

Case examples

What is LI-RADS?

The Liver Imaging Reporting And Data System (LI-RADS) is:

- A comprehensive system for standardizing the terminology, technique, interpretation, reporting, and data collection of liver imaging
- A dynamic document, to be expanded and refined as knowledge accrues and in response to user feedback
- Designed to improve communication, patient care, education, and research
- Supported and endorsed by the American College of Radiology (ACR)
- Developed by a multidisciplinary, international consortium of diagnostic and interventional radiologists, hepatobiliary surgeons, hepatologists, and hepatopathologists. Contributors include academic and community physicians as well as members in training.

What is LI-RADS?

LI-RADS may be used for clinical care, education, or research by:

- Community and academic radiologists
- Radiologists in training
- Other health care professionals providing care to patients with liver disease
- Researchers

LI-RADS[®] Diagnostic Categories

What is the percentage of HCC and malignancy associated with each LI-RADS category??

The percentage (with 95% confidence intervals) associated with LR-1, LR-2, LR-3, LR-4, LR-5, and LR-M is summarized below:



The above graph represents data from the literature using versions 2014 and 2017. Data using version 2018 are not yet available.

Reference

CB van der Pol et al. ILCA 2018: 12th Annual Conference of the International Liver Cancer Association. 2018.

Why use LI-RADS?

LI-RADS Algorithms



For surveillance of HCC

In cirrhotic and other high-risk patients

Using unenhanced ultrasound



For diagnosis of HCC

In cirrhotic and other high-risk patients

Using contrast-enhanced ultrasound (CEUS)

For diagnosis and staging of HCC



In **cirrhotic and other high-risk patients**, including liver transplant candidates with HCC

Using **CT, MRI with extracellular agents** (ECA), or **MRI with** hepatobiliary agents (HBA)

For assessing response of HCC to locoregional treatment



In **cirrhotic and other high-risk patients**, including liver transplant candidates with HCC

Using **CT, MRI with extracellular agents** (ECA), or **MRI with** hepatobiliary agents (HBA)



Current version: CT/MRI LI-RADS v2018

* with a separate CT/MRI Treatment Response LI-RADS v2024 expected in late 2024

Apply in patients at high risk for HCC, namely those with:



- Cirrhosis **OR**
- Chronic hepatitis B viral infection **OR**
- Current or prior HCC

Including adult liver transplant candidates and recipients posttransplant

Do not apply in patients:



- Without the above risk factors
- < 18 years old (N/A in the pediatric population)</p>
- With cirrhosis due to congenital hepatic fibrosis
- With cirrhosis due to a vascular disorder (hereditary hemorrhagic telangiectasia, Budd-Chiari syndrome, chronic portal vein occlusion, cardiac congestion, or diffuse nodular regenerative hyperplasia)

Apply for multiphase exams performed with:

- CT or MRI with extracellular contrast agents (ECA) OR
- MRI with hepatobiliary contrast agents (HBA)

Do not assign LI-RADS categories for observations:



- That are path-proven malignancies **OR**
- That are path-proven benign lesions of non-hepatocellular origin such as hemangiomas

CT/MRI Diagnostic Table

| Arterial phase hyperenhancement (APHE) | | No APHE | | Nonrim APHE | | |
|--|------|---------|------|-------------|--------------|------|
| Observation size (mm) | | < 20 | ≥ 20 | < 10 | 10-19 | ≥ 20 |
| Count additional major features: | None | LR-3 | LR-3 | LR-3 | LR-3 | LR-4 |
| Enhancing "capsule" Nonperipheral "washout" Threshold growth | One | LR-3 | LR-4 | LR-4 | LR-4 LR-5 | LR-5 |
| | ≥Two | LR-4 | LR-4 | LR-4 | LR-5 | LR-5 |

Observations in this cell are categorized based on one additional major feature:

- LR-4 if enhancing "capsule"
- LR-5 if nonperipheral "washout" OR threshold growth

If unsure about the presence of any major feature: characterize that feature as absent

LI-RADS CT/MRI Phases









Fortal venous phase (PVP)



Delayed phase (DP)



Transitional phase (TP)



Hepatobiliary phase (HBP)

Definitions

LI-RADS[®] CT/MRI Phases

| Arterial phase (AP) Early AP Late AP | In LI-RADS, the arterial phase refers to the hepatic arterial phase unless otherwise specified. The arterial phase is a postcontrast injection time range with the following characteristics: Hepatic artery and branches are fully enhanced. Hepatic veins not vet enhanced by antegrade flow. |
|--|---|
| FF | Two subtypes: Early AP: Subtype of AP in which portal vein is not yet enhanced. Late AP: Subtype of AP in which portal vein is enhanced. Late AP is strongly preferred for HCC diagnosis and staging, because the degree of enhancement in HCC usually is higher in the late than in the early AP. Some HCCs may show hyperenhancement only in the late AP. |
| Extracellular phase (ECP) | Postcontrast phase in which liver enhancement is attributable mainly to extracellular distribution of a contrast agent. Operationally, this refers to: PVP and DP if an extracellular agent or gadobenate is given. PVP only if gadoxetate is given. |
| Portal venous phase (PVP) | Postcontrast injection time range with the following characteristics: Portal veins are fully enhanced. Hepatic veins are enhanced by antegrade flow. Liver parenchyma usually is at peak enhancement. |
| Delayed phase (DP) | Postcontrast phase acquired with extracellular agents or gadobenate after the portal venous phase and with the following characteristics: Portal and hepatic veins are enhanced but less than in PVP. Liver parenchyma is enhanced but usually less than in PVP. Typically acquired 2 to 5 minutes after injection. |
| Transitional phase (TP) | Postcontrast phase acquired with a hepatobiliary agent after the extracellular phase, before the hepatobiliary phase, and with the following characteristics: Liver vessels and hepatic parenchyma are of similar signal intensity. Both the intracellular and extracellular pools of the agent contribute substantially to parenchymal enhancement. Typically acquired 2 to 5 minutes after injection of gadoxetate. Typically not obtained with gadobenate. |
| Hepatobiliary phase (HBP) | Postcontrast phase acquired with a hepatobiliary agent where: Liver parenchyma is hyperintense to hepatic blood vessels. There is excretion of contrast into biliary system. Typically acquired about 20 minutes after injection with gadoxetate. Typically not obtained with gadobenate. If obtained, typically acquired 1-3 hours after injection with gadobenate. |

HBP is suboptimal if liver is not more intense than hepatic blood vessels. 19

LI-RADS CT/MRI Phases



Arterial phase (AP)

Postcontrast injection time range when

Hepatic artery and branches are fully enhanced.

Hepatic veins not yet enhanced by antegrade flow.

Two subtypes:

Early AP: Subtype of AP in which portal vein is not yet enhanced.



Late AP: Subtype of AP in which portal vein is enhanced.

Late AP strongly preferred for HCC diagnosis

Step 1. Apply CT/MRI LI-RADS[®] Diagnostic Algorithm

Untreated observation without pathologic proof in patient at high risk for HCC



Otherwise, use CT/MRI diagnostic table below



CT/MRI Diagnostic Table

| Arterial phase hyperenhancement (APHE) | | No APHE | | Nonrim APHE | | |
|--|------|---------|------|-------------|--------------|------|
| Observation size (mm) | | < 20 | ≥ 20 | < 10 | 10-19 | ≥ 20 |
| Count additional major features: | None | LR-3 | LR-3 | LR-3 | LR-3 | LR-4 |
| Enhancing "capsule" Nonperipheral "washout" Threshold growth | One | LR-3 | LR-4 | LR-4 | LR-4 LR-5 | LR-5 |
| | ≥Two | LR-4 | LR-4 | LR-4 | LR-5 | LR-5 |



Observations in this cell are categorized based on one additional major feature:

LR-4 – if enhancing "capsule"
LR-5 – if nonperipheral "washout" OR threshold growth

If unsure about the presence of any major feature: characterize that feature as absent



Untreated observation without pathologic proof in patient at high risk for HCC



Definite:

- Cyst
- Hemangioma
- Perfusion alteration (e.g., arterioportal shunt)
- Hepatic fat deposition/sparing
- Hypertrophic pseudo-mass
- Confluent fibrosis or focal scar

Spontaneous disappearance

*List above not meant to be exhaustive

Definite:

- Cyst
- Hemangioma
- Perfusion alteration (e.g., arterioportal shunt)
- Hepatic fat deposition/sparing
- Hypertrophic pseudo-mass
- Confluent fibrosis or focal scar



Definite:

- Cyst
- Hemangioma
- Perfusion alteration (e.g., arterioportal shunt)
- Hepatic fat deposition/sparing
- Hypertrophic pseudo-mass
- Confluent fibrosis or focal scar









Probable:

- Cyst
- Hemangioma
- Perfusion alteration (e.g., arterioportal shunt)
- Hepatic fat deposition/sparing
- Hypertrophic pseudomass
- Confluent fibrosis or focal scar

Distinctive nodule without malignant imaging features (see below)

*List above not meant to be exhaustive

Distinctive nodule without malignant imaging features

Solid nodule < 20 mm distinctive in imaging appearance compared to background nodules AND with no major feature of HCC, no feature of LR-M, and no ancillary feature of malignancy.

Common examples:

- T1 hyperintense
- T2 hypointense
- Siderotic
- HBP hyperintense
- Any combination of above

No APHE, WO, capsule, or growth No feature of LR-M No ancillary feature of malignancy

If \geq 20 mm, categorize as LR-3 or higher depending on imaging features

CT/MRI Diagnostic Table

| Arterial phase hyperenhancement (APHE) | | No APHE | | Nonrim APHE | | |
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| Count additional major features: | None | LR-3 | LR-3 | LR-3 | LR-3 | LR-4 |
| Enhancing "capsule" Nonperipheral "washout" Threshold growth | One | LR-3 | LR-4 | LR-4 | LR-4 LR-5 | LR-5 |
| | ≥Two | LR-4 | LR-4 | LR-4 | LR-5 | LR-5 |

Observations in this cell are categorized based on one additional major feature:

- LR-4 if enhancing "capsule"
- LR-5 if nonperipheral "washout" OR threshold growth

If unsure about the presence of any major feature: characterize that feature as absent

LI-RADS Major Imaging Features

Non-rim APHE

- Non-peripheral "washout"
- Enhancing "capsule"





Non-rim APHE



Non-rim-like enhancement

Unequivocally greater in whole or in part than liver

Higher in attenuation / intensity than liver in arterial phase.





Non-peripheral "washout"



Non-peripheral visually assessed temporal reduction in enhancement relative to composite liver tissue

In whole or in part

From earlier to later phase

Resulting in hypo-enhancement in the extracellular phase:

- PVP (with gadoxetate)
- PVP or DP (with ECA or gadobenate)

Non-peripheral "washout"



Can apply to any enhancing observation, even if no APHE





Non-peripheral "washout"



In whole or in part, from earlier to later phase







Smooth, uniform, sharp border

Around most / all of an observation

Unequivocally thicker / more conspicuous than fibrotic tissue around background nodules

AND

Visible as an enhancing rim in PVP, DP, or TP.



Smooth, uniform, sharp border

Around most / all of an observation

Unequivocally thicker / more conspicuous than fibrotic tissue around background nodules

AND

Visible as an enhancing rim in PVP, DP, or TP.





















Largest outer-edge-to-outer-edge dimension of an observation

- Include "capsule" in measurement.
- Pick phase, sequence, plane in which margins are clearest.
- Do not measure in arterial phase or DWI if margins are clearly visible on different phase

size may be overestimated in arterial phase due to summation with peri-observation enhancement and is not measured reliably on DWI due to anatomic distortion

What difference does it make? 1.9 cm versus 5.5 cm













CT/MRI Diagnostic Table

| Arterial phase hyperenhancement (APHE) | | No APHE | | Nonrim APHE | | |
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| Count additional major features: | None | LR-3 | LR-3 | LR-3 | LR-3 | LR-4 |
| Enhancing "capsule" Nonperipheral "washout" Threshold growth | One | LR-3 | LR-4 | LR-4 | LR-4 LR-5 | LR-5 |
| | ≥Two | LR-4 | LR-4 | LR-4 | LR-5 | LR-5 |

Observations in this cell are categorized based on one additional major feature:

- LR-4 if enhancing "capsule"
- LR-5 if nonperipheral "washout" OR threshold growth

If unsure about the presence of any major feature: characterize that feature as absent

What difference does it make? 1.9 cm versus 5.5 cm













Threshold growth

Size increase of a mass by $\ge 50\%$ in ≤ 6 months Apply threshold growth *only* if:

- Unequivocally dealing with a mass: do not apply threshold growth if there is a reasonable possibility of a pseudo-lesion (perfusion alteration)
- Available prior CT or MRI of sufficient quality and appropriate technique do not assess threshold growth by comparing to prior US or CEUS exams
- Measure on same phase / sequence / plane on serial exams *if possible*

Threshold growth















CT/MRI Diagnostic Table

| Arterial phase hyperenhancement (APHE) | | No APHE | | Nonrim APHE | | |
|--|------|---------|------|-------------|--------------|------|
| Observation size (mm) | | < 20 | ≥ 20 | < 10 | 10-19 | ≥ 20 |
| Count additional major features: | None | LR-3 | LR-3 | LR-3 | LR-3 | LR-4 |
| Enhancing "capsule" Nonperipheral "washout" Threshold growth | One | LR-3 | LR-4 | LR-4 | LR-4 LR-5 | LR-5 |
| | ≥Two | LR-4 | LR-4 | LR-4 | LR-5 | LR-5 |

Observations in this cell are categorized based on one additional major feature:

- LR-4 if enhancing "capsule"
- LR-5 if nonperipheral "washout" OR threshold growth

If unsure about the presence of any major feature: characterize that feature as absent

Threshold growth















LI-RADS Tumor in Vein

Unequivocal enhancing soft tissue in vein, regardless of visualization of parenchymal mass

Additional clues to diagnosis of tumor in vein:

Imaging features that suggest tumor in vein but do NOT establish it:

- Occluded vein with ill-defined walls
- Occluded vein with restricted diffusion
- Occluded or obscured vein in contiguity with malignant parenchymal mass
- Heterogeneous vein enhancement not attributable to artifact
- * If these features are seen, scrutinize vein for *enhancing soft tissue*

LR-TIV

46 yo M cirrhosis multicentric HCC









LI-RADS Tumor in Vein



LR-M Criteria

Targetoid mass (see below for definition and imaging appearances)

OR

Nontargetoid mass with one or more of the following:

- Infiltrative appearance
- Marked diffusion restriction
- Necrosis or severe ischemia
- Other feature that in radiologist's judgment suggests non-HCC malignancy (specify in report).

No tumor in vein No LR-5 criteria

Targetoid – definition

Target-like imaging morphology

Concentric arrangement of internal components

Likely reflects

peripheral hypercellularity

central stromal fibrosis or ischemia.

Targetoid – definition

Characteristic of:

- Intrahepatic cholangiocarcinoma (iCCA)
- Combined HCC-cholangiocarcinoma (cHCC-CCA)
- Other non-HCC malignancies
- •Can be seen in HCC with atypical appearance.

Targetoid appearance suggests non-HCC malignancy but *does not exclude HCC*.

Targetoid dynamic enhancement:

| Rim APHE | arterial phase enhancement is most pronounced in observation periphery |
|--------------------------------|--|
| Peripheral "washout" | apparent washout is most pronounced in observation periphery |
| Delayed central enhancement | central area of progressive postarterial phase enhancement |

Targetoid dynamic enhancement:



Targetoid appearance on DWI or TP/HBP:



Targetoid restriction

Concentric pattern on DWI: restricted diffusion in periphery less restricted diffusion in center



Targetoid TP or HBP appearance Concentric pattern in TP or HBP: moderate-to-marked hypointensity in periphery milder hypointensity in center

Targetoid appearance on DWI or TP/HBP:



| LR | -M |
|----|---|
| - | ─ If infiltrative appearance |
| | If there is at least one imaging feature suggesting hepatocellular origin Fat in mass Iron in mass |
| | Blood products in mass Nodule in nodule architecture Mosaic architecture Nonenhancing capsule appearance |
| | Intrinsic T1 hyperintensity HBP hyperintensity > liver (if HBP is adequate) |
| - | - If targetoid |
| | Otherwise |
| | |



Algorithm above is <u>not</u> exhaustive. It addresses only the more common diagnostic considerations encountered in at-risk patients.

Step 2. Optional: Apply Ancillary Features (AFs)

Ancillary features may be used at radiologist discretion for: Improved detection, increased confidence, or category adjustment

For category adjustment (upgrade or downgrade), apply ancillary features as follows:



≥ 1 AF favoring benignity: downgrade by 1 category (Absence of these AFs should not be used to upgrade)

If \geq 1 AF favoring malignancy <u>and</u> \geq 1 AF favoring benignity: Do not adjust category

Ancillary features cannot be be used to upgrade to LR-5

| Ancillary features favoring malignancy | Ancillary features favoring benignity |
|--|---|
| Favoring malignancy in general, not HCC in particular US visibility as discrete nodule Subthreshold growth Restricted diffusion Mild-moderate T2 hyperintensity Corona enhancement Fat sparing in solid mass Iron sparing in solid mass Transitional phase hypointensity | Size stability > 2 yrs Size reduction Parallels blood pool Undistorted vessels Iron in mass, more than liver Marked T2 hyperintensity Hepatobiliary phase isointensity |
| Favoring HCC in particular | |

- Nonenhancing "capsule"
- Nodule-in-nodule
- Mosaic architecture
- · Blood products in mass
- · Fat in mass, more than adjacent liver

If unsure about presence of any ancillary feature: characterize that feature as absent

Ancillary features may be used at radiologist discretion for: Improved detection, increased confidence, or category adjustment

For **category adjustment** (upgrade or downgrade), apply ancillary features as follows:

- ≥ 1 AF favoring malignancy: upgrade by 1 category up to LR-4 (Absence of these AFs should not be used to downgrade)
- ≥ 1 AF favoring benignity: downgrade by 1 category (Absence of these AFs should not be used to upgrade)

LI-RADS Ancillary Imaging Features Favoring Malignancy & The Imaging Modalities in Which They Are Visible

Ancillary features favoring malignancy, not HCC in particular

| Feature | Definition | СТ | MRI ECA | MRI HBA |
|------------------------------------|--|-----|------------|------------|
| US visibility as discrete nodule | Unenhanced US visibility as discrete nodule or mass corresponding to CT- or MRI- detected observation | + | + | + |
| Subthreshold growth | Unequivocal size increase of a mass, less than threshold growth. | + | + | + |
| Corona enhancement | Periobservational enhancement in late arterial phase or early PVP attributable to venous drainage from tumor | + | + | + |
| Fat sparing in solid mass | Relative paucity of fat in solid mass relative to steatotic liver OR in inner nodule relative to steatotic outer nodule | +/- | + | + |
| Restricted diffusion | Intensity on DWI, not attributable solely to T2 shine-through, unequivocally higher than liver and/or ADC unequivocally lower than liver | | + | + |
| Mild-moderate T2 hyperintensity | Intensity on T2WI mildly or moderately higher than liver and similar to or less than non-iron-overloaded spleen | | + | + |
| Iron sparing in solid mass | Paucity of iron in solid mass relative to iron-overloaded liver OR in inner nodule relative to siderotic outer nodule | | + | + |
| Transitional phase hypointensity | Intensity in the transitional phase unequivocally less, in whole or in part, than liver | | | + |
| Hepatobiliary phase hypointensity | Intensity in the hepatobiliary phase unequivocally less, in whole or in part, than liver | | _ | + |

LI-RADS Ancillary Imaging Features Favoring Malignancy & The Imaging Modalities in Which They Are Visible

Ancillary features favoring HCC in particular

| Feature | Definition | СТ | MRI ECA | MRI HBA |
|---------------------------------------|---|-----|------------|------------|
| Nonenhancing "capsule" | Capsule appearance not visible as an enhancing rim. See <u>page 20</u> for definition of enhancing "capsule". | + | + | + |
| Nodule-in-nodule architecture | Presence of smaller inner nodule within and having different imaging features than larger outer nodule | + | + | + |
| Mosaic architecture | Presence of randomly distributed internal nodules or compartments, usually with different imaging features | + | + | + |
| Fat in mass, more than adjacent liver | Excess fat within a mass, in whole or in part, relative to adjacent liver | +/- | + | + |
| Blood products in mass | Intralesional or perilesional hemorrhage in the absence of biopsy, trauma or intervention | +/- | + | + |

LI-RADS Ancillary Imaging Features Favoring Benignity & The Imaging Modalities in Which They Are Visible

Ancillary features favoring benignity

| Feature | Definition | СТ | MRI ECA | MRI HBA |
|-------------------------------------|---|-----|------------|------------|
| Size stability ≥ 2 years | No significant change in observation size measured on exams ≥ 2 years apart in absence of treatment | + | + | + |
| Size reduction | Unequivocal spontaneous decrease in size over time, not attributable to artifact, measurement error, technique differences, or resorption of blood products | + | + | + |
| Parallels blood pool enhancement | Temporal pattern in which enhancement eventually reaches and then matches that of blood pool | + | + | + |
| Undistorted vessels | Vessels traversing an observation without displacement, deformation, or other alteration | + | + | + |
| Iron in mass, more than liver | Excess iron in a mass relative to background liver | +/- | + | + |
| Marked T2 hyperintensity | Intensity on T2WI markedly higher than liver and similar to bile ducts and other fluid-filled structures | | + | + |
| Hepatobiliary phase isointensity | Intensity in hepatobiliary phase nearly identical to liver | _ | — | + |

+ usually evaluable – not evaluable + / – may or may not be evaluable







Step 3. Apply Tiebreaking Rules if Needed

If unsure about presence of TIV, do not categorize as LR-TIV



If unsure between two categories, choose the one reflecting lower certainty



Step 4. Final Check

After Steps 1, 2, and 3 –

Ask yourself if the assigned category seems reasonable and appropriate

If YES: You are done, move on the next observation (if any).

If NO: Assigned LI-RADS category may be inappropriate, so reevaluate.

Take-home messages

- The case for LIRADS using LIRADS leads to an imaging diagnosis of cancer with great accuracy
- Always remember in what patients to use LIRADS
- Don't be afraid to use LIRADS with the table by your side (for beginners, or not only)
- Go back to the guidelines/manual

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Thank you!

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